Two-year mark of 7 October (ILOT): ICRC communications update for Movement partners

3 October 2025

This document is intended to support communication efforts of the International Red Cross and Red Crescent Movement components. It is for internal use by all Movement components only, and not to be shared externally.



Background

The following testimony is of **Aya Shukkar**. Aya has been displaced, and at the time of speaking to us, was at a camp for internally displaced persons (IDP) in **Gaza City**, working at the **ICRC-supported community oven** (or community baking facility) there. Aya, who has a daughter who is disabled, talks about the challenges of being in Gaza City right now.

Testimony

We live in fear, with all the loud noises and explosions. We always have our things ready to leave at any moment. If we leave, it will only be at the last minute. We have nowhere to go, we have no shelter, we have exhausted everything, we have exhausted all our resources, both psychologically and materially. We've exhausted everything, we have nothing left. The children are all terrified and scared, and they're always screaming.

We are exhausted, both financially and psychologically, to the point that we can no longer bear this. But we have no choice but to endure, and we will not leave unless we reach the point of no return.

One cannot afford to pay for trucks or tuk-tuks.

If they tell me to leave, I won't manage to take my mattress or blanket with me. This concerns me, and that I won't find a tent to live in, so I'll just live on the street with my bag and a little food. I won't even be able to carry all my food and my utensils. At least a pot and a plate, and even those I won't be able to carry. I will barely manage to carry a bag on my shoulder. And I have a disabled daughter, so I can't even carry her or help her walk. She will need transportation. My daughter is the biggest concern, she has a disability, she can barely walk, she can't walk long distances, so I'm very sad and very afraid for her.

- Aya Shukkar, Gaza City

Caption: Aya Shukkar working at an ICRC-supported community oven at an IDP camp in Gaza City. **Credit:** Hisham Mhhanna/ICRC

For more information

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